

WHAT IS PARADIGM HEALTH AND WELLNESS?

Paradigm Health & Wellness is a Tax-Efficient Wellness Program that helps employers save money - while enhancing the health and financial wellbeing of their most important asset:

Their Employees.

Improving Health

Paradigm Health & Wellness is independently validated to improve employee health.

Paradigm is:

- ✓ **Personalized** – providing a unique path for each employee
- ✓ **Predictive** – utilizing data to understand an employee's potential healthcare needs
- ✓ **Preventative** – providing employees a path to change their wellbeing for a healthier future

Achieves Results by Providing:

- A Health Risk Assessment
- Apps to help with weight loss, diabetes & substance abuse
- Virtual ER Telemedicine
- EAP

Enhancing Financial Wellbeing

Paradigm Health & Wellness participants create a Benefit Reserve they can choose to use to purchase a variety of voluntary benefits via the employer's choice of brokers and carriers.





PARADIGM HEALTH & WELLNESS

A Proven Program to Save Employers Money
While Enhancing Employees' Health & Financial
Wellbeing.

CASE STUDY SOFTWARE ENGINEERING FIRM

40

Eligible Employees

36

Employees Enrolled

\$72k

Benefits Purchased

At no cost to the
employer or employee

=

\$18k

In Savings
To the employer



PARADIGM
HEALTH & WELLNESS

To learn how Paradigm Health & Wellness can deliver for you and your company, visit

<https://www.wellnessforemployees.com/>